



"Is prayer your steering wheel or your spare tire?" -Corrie Ten Boom

**CONFESSION**-What do you need to confess?  
**LEARNING**-What are you learning?  
**ACCOUNTABILITY**-How can we hold you accountable this week?  
**PRAYER & PRAISE**-How can we pray for you? What are you praising God for?

What is the purpose of prayer? Share your thoughts.

How does prayer promote intimacy with God and others?

- *Psalm 145:18 "The Lord is near to all who call on him, to all who call on him in truth."*
- *James 5:16 "Therefore confess your sins to each other and pray for each other so that you may be healed. The prayer of a righteous man is powerful and effective."*

What are barriers that keep you from being devoted to prayer (Col 4:2) and having continual prayer (1 Thess. 5:17)? How can we combat these barriers?

If a new believer asked why they should pray, how often they should pray, and what they should pray for, what would you say? (1 Tim. 2:1-4, Phil. 4:6-7)

**ACTIVITY:** As a group, pray out loud through the ACTS prayer model.

- Adoration-reflect on God and praise Him for his character
- Confession-humbly admit your sins to God
- Thanksgiving-tell God how grateful you are for everything He has given  
*(Thankfulness for both good and bad things helps us to see His purposes.)*
- Supplication-make specific requests for yourself and others

**APPLY:** "This week, I will \_\_\_\_\_."



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